

DIY Snuffle Mat

Materials:

- Fleece (Total ~ 1 ½ yard for 12 inch by 15 inch mat) I recommend at least two colors, but its personal preference
- Rubber sink mat or anti-fatigue rubber mat
- Sharp scissors

Instructions:

- Start by cutting the fleece into 1inx7in or 1inx8in strips. It is easiest to do all the cutting before moving on. Cut AT LEAST double the number of strips as the number of holes. The more strips you cut and tie, the more hiding spots there will be 😊
- Choose one fleece strip and tie a double knot on the outer edge.
- Next string the strips through each hole and tie a double knot
- Keep repeating these steps, tying the material in the holes until you have the desired amount of coverage.
- Hide your dog's food or treats in the mat and let them hunt for them.

Links to materials:

~ [Menards](#) Anti Fatigue Mat (What I used and got 4 snuffle mat bases by cutting it to the size I wanted)

~ [Home Depot Anti Fatigue Mat](#)

~ [Target](#) Rubber Sink Mat

~ [Amazon Sink Mat](#)

~ [Amazon Anti-Fatigue Mat](#)